WHAT MATTERS TO YOU?



"WHAT MATTERS TO YOU?" is a simple question to encourage meaningful conversations and build relationships between you and your health care team.

When you take part in a conversation with your health care team about what's important to you, the care you receive better matches your priorities.



How you can use "WHAT MATTERS TO YOU?" to improve your experience with health care:

Ask questions:

- How can we work together to include my goals and wishes?
- How can my family or support person be involved in my care?
- What are my options for treatment?

These conversations help you to:

- Establish a relationship with your health care team
- Tell your health care team what's important to you
- Become a partner in your care



