



# COVID-19 Through a Quality Lens: **Critical Care – Working Together to Improve Care**

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**\*A BASIC GUIDE TO NAMES**

Listed below are the First Nations Peoples as they are generally known today with a phonetic guide to a common pronunciation. Newcomers to these phonetic pronunciations may still find a huge gap between what they say and what they hear a native speaker saying. The best way to learn these names is to listen closely when in the presence of someone more familiar, and perhaps even ask for a quick lesson. Also included here are names formerly given these groups, and the language families to which they belong.

People	Pronunciation	Have Been Called	Language Family
Haida	Hydah	Haida	Haida
Ktunaxa	Tun-ah-hah	Kootenay	Ktunaxa
Tsimshian	Sim-she-an	Tsimshian	Tsimshian
Gitxsan	Git-k-san	Tsimshian	Tsimshian
Nisga'a	Nis-gaa	Tsimshian	Tsimshian
Haisla	Hyzlah	Kritimat	Wakashan
Heiltsuk	Hel-sic	Bella Bella	Wakashan
Oweekeno	O-wik-en-o	Kwakiutl	Wakashan
Kwakwaka'wakw	Kwak-wak-ya-wak	Kwakiutl	Wakashan
Nuu-chah-nulth	New-chan-lulth	Nootka	Wakashan
Tsilhqot'in	Chil-co-teen	Chilcotin	Athapaskan
Dakelh	Da-kelh	Carrier	Athapaskan
Wet'suwet'en	Wet-so-wet-en	Carrier	Athapaskan
Sekani	Sik-an-ee	Sekani	Athapaskan
Dunne-za	De-ney-za	Beaver	Athapaskan
Dene-thah	De-ney-ta	Slave(y)	Athapaskan
Tahltan	Tall-ten	Tahltan	Athapaskan
Kaska	Kas-ka	Kaska	Athapaskan
Tagish	Ta-gish	Tagish	Athapaskan
Tutchone	Tuchon-ee	Tuchone	Athapaskan
Nuxalk	Nu-halk	Bella Coola	Coast Salish
** Coast Salish		Coast Salish	Coast Salish
Stl'atl'imc	Stat-liem	Lillooet	Int. Salish
Nlaka'pamux	Ing-khla-kap-muh	Thompson/Couteau	Int. Salish
Okanagan	O-kan-a-gan	Okanagan	Int. Salish
Secwepemc	She-whep-m	Shuswap	Int. Salish
Tlingit	Kling-kit	Tlingit	Tlingit

\* Adapted from Cheryl Coull's "A Traveller's Guide to Aboriginal B.C." with the permission of the publisher Whitecap Books.

\*\* Although Coast Salish is not the traditional First Nations name for the people occupying this region, this term is used to encompass a number of First Nations Peoples including Klahoose, Hamaico, Siammon, Sechehth, Squamish, Halq'emeyem, OStiq'emeyem, Hul'qumi'num, Pentlatch, Straits.



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# Plan for Today

Overview of critical care landscape

Share approaches for battling the enemy (COVID)

Key takeaways



# Critical Care – Working Together to Improve Care



**The Fight Against the Evil  
COVID Monster**





**Once upon a time...  
long, long ago...in 2019...  
there was a land of many Kingdoms...**





**The Kingdoms were separated  
by many rivers and mountains...**

Protecting their own objectives...

Siloed....



# How much is your work impacted by silos?





**Everything changed in 2020...**

**The Kingdoms, once siloed, were brought together by a looming enemy threatening them all...**



**The COVID  
monster that  
entered every  
Kingdom!!**





# Approaches for Battling the Enemy: Forming Alliances to Protect the Land





# 1. Forming Alliances to Protect the Land

- Lessons learned:
  - Break down barriers through engagement
  - Develop individual relationships to build group
  - Show value
- Results:
  - Regular connections
  - Working together



**What strategies have you used to break down silos?**



# Approaches for Battling the Enemy: Building an Army





## **2. Building an Army – Allocating Resources to Defend the Land**

- Determine needs and build up defenses
  - Ventilators, medications, personal protective equipment, testing, etc.
- Lessons learned:
  - Provincial lens enables extra protection
  - Not about taking away but reinforcing supplies



# Approaches for Battling the Enemy: Wizardry to Predict the Future And Share Prophecies





### **3. Data Modeling – Wizardry to Predict the Future and Share Prophecies**

- Provincial COVID-19 Monitoring Solution (PCMS)
- Data-driven decision making
- Lessons learned:
  - A bed is not just a bed



**How many ways are there to count beds in health care?**





### **3. Data Modeling – Wizardry to Predict the Future and Share Prophecies**

- Lessons learned:
  - A bed is not just a bed
  - Common language needed
- Challenges:
  - Isolation beds
  - Not all critical care beds are the same
  - Disconnect between theory and practice



## **Wizard of the Land**





# Approaches for Battling the Enemy: Share Dueling Strategies





## 4. Clinical Sharing – Share Dueling Strategies

- Reduce anxiety and fear
  - Share experiences and best practices
- Lessons Learned:
  - Sharing a little leads to sharing a lot
  - Art of medicine
- Results:
  - Reduced mortality
  - Cross-collaboration on research



## RESEARCH

# Baseline characteristics and outcomes of patients with COVID-19 admitted to intensive care units in Vancouver, Canada: a case series

Anish R. Mitra MD MPH, Nicholas A. Fergusson MSc, Elisa Lloyd-Smith PhD, Andrew Wormsbecker MD, Denise Foster RN, Andrei Karpov MD MHSc, Sarah Crowe NP, Greg Haljan MD, Dean R. Chittock MD MS(Epi), Hussein D. Kanji MD MPH, Mypinder S. Sekhon MD, Donald E.G. Griesdale MD MPH

■ Cite as: *CMAJ* 2020 June 29;192:E694-701. doi: 10.1503/cmaj.200794; early-released May 27, 2020

## ABSTRACT

**BACKGROUND:** Pandemic severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is associated with high intensive care unit (ICU) mortality. We aimed to describe the clinical characteristics and outcomes of critically ill patients with coronavirus disease 2019 (COVID-19) in a Canadian setting.

**METHODS:** We conducted a retrospective case series of critically ill patients with laboratory-confirmed SARS-CoV-2 infection consecutively admitted to 1 of 6 ICUs in Metro Vancouver, British Columbia, Canada, between Feb. 21 and Apr. 14, 2020. Demographic, man-

agement and outcome data were collected by review of patient charts and electronic medical records.

**RESULTS:** Between Feb. 21 and Apr. 14, 2020, 117 patients were admitted to the ICU with a confirmed diagnosis of COVID-19. The median age was 69 (interquartile range [IQR] 60–75) years, and 38 (32.5%) were female. At least 1 comorbidity was present in 86 (73.5%) patients. Invasive mechanical ventilation was required in 74 (63.2%) patients. The duration of mechanical ventilation was 13.5 (IQR 8–22) days overall and 11 (IQR 6–16) days for patients successfully discharged from

the ICU. Tocilizumab was administered to 4 patients and hydroxychloroquine to 1 patient. As of May 5, 2020, a total of 18 (15.4%) patients had died, 12 (10.3%) remained in the ICU, 16 (13.7%) were discharged from the ICU but remained in hospital, and 71 (60.7%) were discharged home.

**INTERPRETATION:** In our setting, mortality in critically ill patients with COVID-19 admitted to the ICU was lower than in previously published studies. These data suggest that the prognosis associated with critical illness due to COVID-19 may not be as poor as previously reported.



## State of the Land

- Expanding scope of partnerships between kingdoms
- Building new castles
- Using common magic
- Impact on care





# Key Takeaways

- Consistency
- Inertia
- Walk the walk
- Solve the problems



**Questions?**